

Intensive Tennis Programme

Welcome to the Levante Beach Resort. Our specialised programme includes 20 hours of coaching and coach led sessions, a 45-minute private lesson, evening social match play, 'Drills and Skills', a Serve Clinic, a series of stretch classes, singles, doubles and mixed Tournaments and, of course: Tipsy Tennis!!

Each evening dinner will be hosted by our Tennis Manager Andrew and the coaching team.

Saturday	
6:oopm - Meet the Tennis Team	Beach Bar
7:oopm - Welcome speech (all resort)	Main Terrace
8:15pm - Dinner hosted by Andrew and the Tennis Team	Main Bar
Sunday	
9:00 - 11:00am- Mixed tournament	Tennis Centre
4:00 - 5:00pm - Festival of tennis	
5:00 - 7:00pm - Social Ttennis	
7:00 -7:30pm – Tennis quiz	
Monday	
9:00 - 11:00am - Group coaching	
11:00 - 11:15am Stretch & cool down	
4:00 - 5:00pm - Drills sessions	
5:00 - 7:00pm - Social tennis	
9:15 - 10:30 - Quiz night	Main Bar
Tuesday	
9:00 - 11:00am - Group coaching	Tennis Centre
11:00 - 11:15am Stretch & cool Ddown	Tennis Centre
4:00 - 5:00pm - Drills sessions	Tennis Centre
5:00 - 7:00pm - Social tennis	Tennis Centre
5:30—6:oopm - Strength and conditioning class	Fitness Pavilion
9:30 - 11:00pm - Karaoke at T&Ps bar(an option	al off-site activity)
Wednesday	
9:00 - 11:00am - Group coaching	Tennis Centre
11:00 - 11:15am - Stretch & cool down	
4:00 - 5:00pm - Drills Sessions	
5:00 - 7:00pm - Social tennis	
9:1511:00pm – Tipsy tennis	
Thursday	
9:00 - 11:00am - Group coaching	
11:00 - 11:15am - Stretch & cool down	
4:00 - 5:00pm - Drills sessions	
5:00 - 7:00pm - Social tennis	
8:30pm - late - Dinner at Taverna Tsambika (optional activity at	an additional cost)
Friday	
9:00 - 12:00 - Mixed Tournament	
4:30 - 6:oopm - Main tournament finals	Tennis Centre
6:oopm - 7:oopm – The exhibition match	Tennis Centre
7:00pm – 7:30pm – The Mark Warner awards	. Main Bar/Terrace